


TOIS 2018 December

Our menus are aligned with the USDA's Healthy Hunger
Free Kids Act.
*All Menu's & Nutritionals on the
SD HAPPY APP*

Weekly Breakfast Menu

Monday – WG Cereal and Graham Crackers
Tuesday – Mini Pancakes
Wednesday – Whole Grain Mini Cini Pastry
Thursday – Benefit Bar
Friday – WG Muffin and Graham Crackers
Bagels, PopTarts and Cereal always available
All Breakfasts come with Fruit and 1% or Skim Milk

12/3 Egg & Cheese Bagel Sandwich Crinkle Cut Sweet Fries	12/4 Poppin Pop Corn Chicken Baked French Fries	12/5 Rotini Pasta and Meat Sauce & Roll Steamed Spinach	12/6 Supreme Nachos Lettuce, Salsa & Cheese Refried Beans	12/7 Big Daddy Pizza French Fries Side Salad
12/10 Mozzarella Sticks with Marinara Sauce Steamed Carrots	12/11 Chicken Nuggets with roll Smile Fries	12/12 Old Fashioned Macaroni & Cheese Broccoli Dippers	12/13 Twin Tacos with Rice And all the Fixings Black Spicy Beans	12/14 Pepperoni Pizza French Fries Side Salad
12/17 French Toast w/Bacon Sweet Fries	12/18 Pepperoni Pizza Pocket Waffle Fries	12/19 Chicken Parmesan Spinach & Garlic	12/20 Boneless Chicken Bites with Soft Pretzel Vegetarian Beans	12/21 Big Daddy Pizza French Fries Side Salad
12/24 Winter Break	12/25 Winter Break	12/26 Winter Break	12/27 Winter Break	12/28 Winter Break
12/31 Winter Break		Any concerns: Contact Jacqueline.wagner@ Sodexo.com 732-531-5630 x7091		



A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety



Locally Grown items are offered whenever seasonally available

Low Fat or Fat Free Milk included with all meals



See Daily Entrée Selections above.
All entrees served with a Milk,
Vegetable and Fruit or Juice
Plus a variety of Pizza Slices



EVERYDAY CHOICES
Flame Broiled Beef Burgers,
Chicken Patties, Hotdogs,
Cheese Steaks & BBQ Riblettes



WEEKLY CHOICES

Week #1 Turkey & Cheese Sub and Garden Salad with Cheese

Week #2 Ham & Cheese Sub and Turkey Club Salad

Week #3 Tuna Salad Sub and Crispy Chicken Caesar Salad

Week #4 Winter Break

Week #5 Winter Break

Available Daily: Turkey & Cheese & Peanut Butter & Jelly



Vegetarian



Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 30350-9413 or call (800) 795-3373 (voice)

or (303) 730-6383 (TTY). USDA is an equal opportunity provider and employer.