

TOIS 2018 April

Our menus are aligned with the USDA's
Healthy Hunger Free Kids Act.

Weekly Breakfast Menu

Monday – WG Cereal and Graham Crackers
Tuesday – Mini Pancakes or Hot Breakfast Sandwich
Wednesday – Whole Grain Mini Cinni Pastry
Thursday – Breakfast Pizza
Friday – WG Muffin and Graham Crackers

All Breakfasts come with Fruit and 1% or Skim Milk

4/2 School Closed Spring Recess	4/3 School Closed Spring Recess	4/4 School Closed Spring Recess	4/5 School Closed Spring Recess	4/6 School Closed Spring Recess
4/9 French Toast w/syrup Sweet Fries	4/10 Crispy Chicken Bowl Mashed Potatoes	4/11 Baked Ziti w/roll Roasted Vegetables	4/12 Grilled Cheese Spicy Fries Three Bean Salad	4/13 Pizza of the Day Side Salad
4/16 Mozzarella Sticks w/marinara Baby Carrots	4/17 Chicken Tenders w/roll Vegetarian Beans	4/18 Macaroni & Cheese w/roll w/breadstick Broccoli Bites	4/19 Chicken & Waffles French Fries	4/20 Pizza of the Day Side Salad
4/23 Pancakes w/ Turkey Bacon Sweet Fries	4/24 Pop Corn Chicken w/roll Baked Fries	4/25 Meatball (Beef) Parmesan Broccoli Spears	4/26 Taco(Beef) Bar Black Beans	4/27 Pizza of the Day Side Salad
4/30 Chicken or Cheese Quesadilla Sweet Crinkle Cut Fries		 QUALITY OF LIFE SERVICES	Questions or concerns: Please contact Jacqueline.wagner@ Sodexo.com	



A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety

Locally Grown items are offered whenever seasonally available

Low Fat or Fat Free Milk included with all meals

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See Daily Entrée Selections above.
All entrees served with a Milk,
Vegetable and Fruit or Juice



EVERYDAY CHOICES
Flame Broiled Beef Burgers,
Chicken Patties, Hotdogs,
Cheese Steaks & BBQ Riblettes



WEEKLY CHOICES

Week #1 : Spring Break School Closed

Week #2 : Chicken Caesar Wrap, Chef Salad, Yogurt bag & Egg and Muffin Bento Box

Week #3 : Italian Hoagie, Grilled Chicken Salad , Cereal Boat & Deli Bento Box

Week #4: Turkey & Cheese Sandwich, Garden Salad w/cheese and Yogurt Bag & Cheese Bento Box

Week#5 :Ham&Cheese sandwich, Turkey Club Salad, Bagel Boat &Healthy Hummus Bento Box

Available Daily: Turkey & Cheese & Peanut Butter & Jelly

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Vegetarian

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Smart Pick

We use menu identifiers in the café to help student recognize
Vegetarian & Smart Pick options. Smart Pick selections meet
specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication
and Compliance, 1400 Independence Avenue, SW, Washington, DC 30350-9413 or call (800) 795-3373 (voice)
or (303) 730-6383 (TTY). USDA is an equal opportunity provider and employer.