




# TOIS 2018 September

Our menus are aligned with the USDA's  
Healthy Hunger Free Kids Act.  
All Menu's & Nutritionals on the  
**SO HAPPY APP**

## Weekly Breakfast Menu

Monday – WG Cereal and Graham Crackers  
Tuesday – Mini Pancakes  
Wednesday – Whole Grain Mini Cinni Pastry  
Thursday – Benefit Bar  
Friday – WG Muffin and Graham Crackers

All Breakfasts come with Fruit and 1% or Skim Milk

9/3 Labor Day School Closed	9/4	9/5 	9/6 Boneless Chicken Bites w/soft Pretzel Homestyle Baked Beans	9/7 Big Daddy Pizza French Fries Side Salad
9/10 School Closed Rosh Hashanah	9/11 School Closed Rosh Hashanah	9/12 Baked Ziti Garlic Roll Side Salad	9/13 Chicken & Cheese Taqitos Tasty Black Beans	9/14 Pepperoni Pizza French Fries Side Salad
9/17 Fluffy Pancakes w/sausage Cinnamon Sweet Potatoes	9/18 Chicken Tenders Tator Tots	9/19 School Closed Yom Kippur	9/20 Chicken & Waffles Seasoned Beans	9/21 Big Daddy Pizza French Fries Side Salad
9/24 French Toast & Bacon Cinnamon Sweet Tots	9/25 Chicken Nuggets Waffle Fries	9/26 Pasta & Meatballs with Breadstick Spinach & Garlic	9/27 Walking Nachos Mexican Style Pinto Beans	9/28 Pepperoni Pizza French Fries Side Salad
		Any concerns: Contact Jacqueline.wagner@ Sodexo.com 732-531-5630 x7091		

### A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety

Locally Grown items are offered whenever seasonally available

Low Fat or Fat Free Milk included with all meals

**THRIVE**

**SP V**

**TRADITIONS**

See Daily Entrée Selections above.  
All entrees served with a Milk,  
Vegetable and Fruit or Juice

**HONOR ROLL**

**EVERYDAY CHOICES**  
Flame Broiled Beef Burgers,  
Chicken Patties, Hotdogs,  
Cheese Steaks & BBQ Riblettes

**STACKS**

### WEEKLY CHOICES

Week #1 Tuna Salad Sub or Crispy Chicken Caesar Salad

Week #2 Turkey Club Sandwich, Chef Salad or Cereal Bag

Week #3 Italian Sub, Grilled Chicken Salad or Egg & Muffin Bento Box

Week #4 Turkey & Cheese Sub, Garden Salad w/cheese or Yogurt bag

Available Daily: Turkey & Cheese & Peanut Butter & Jelly

**V**

**V**

Vegetarian

**SP**

Smart Pick

We use menu identifiers in the café to help student recognize  
Vegetarian & Smart Pick options. Smart Pick selections meet  
specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 30350-9413 or cal (800) 795-3373 (voice) or (303) 730-6383 (TTY). USDA is an equal opportunity provider and employer.